

## ***The FISH of Roseburg***

Faith Lutheran  
First Presbyterian  
First United Methodist



St. George Episcopal  
St. Joseph Catholic  
Umpqua Unitarian Universalists

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August 12, 2016

Dear Friends of The FISH,

Our Board of Directors is very pleased to announce the hiring of Kim O'Neal as the new Executive Director of The FISH of Roseburg. Congratulations Kim! She has been our Interim FISH Food Pantry Manager for the the past seven and a half months. Kim is a University of Oregon graduate and Air Force veteran. Before moving to Douglas County she was the Curry County Veterans' Service Officer. Kim started in her new role with The FISH on August 1.

It is said that a simple act of kindness goes a long way, and we are certainly seeing our fair share every single day at the Pantry. Take for instance the 1,583 pounds of produce that was donated in July alone! With each act of kindness that every one of us shows in our community, we are seeing the return through the generosity of others donating to the FISH Pantry. July started with the occasional, anonymous donors bringing in beautiful produce now and then, to weekly donors bringing in their homegrown vegetables that were picked fresh that morning. In addition to this, St. George Episcopal Church and First Presbyterian Church also brought in fresh fruit for our clients. Towards the middle of the month is when we started seeing the farmers arrive. They ranged from the children of Fullerton IV Elementary farming their very own cabbage patch, to regular farms and orchards bringing in their delicious plums and apples. But probably the most exciting produce news of July was that of the new gleaning program created at the FISH Pantry.

Starling Wood and Kim O'Neal had been talking for a few weeks about the possibilities available to the FISH Pantry to bring in even more fresh produce for our clients. After all, our job is to encourage healthy eating, and what better way to do this than to get out there and pick our own food, while donating a portion to others who are food insecure. So, we put together a flier, got a call from a gentleman in Oakland, and our gleaning program was off to a start. Many of you may be wondering what gleaning even means. When farmers are done for the season, or they have harvested all they want or need, and there are remaining items in the field, like corn, instead of putting it back into the soil, they will sometimes contact a gleaning group to come out and pick the last of the crop. Then, gleaners will sometimes donate it to food pantries, etc. The FISH Pantry's gleaning program has been created to encourage healthy eating, getting our clients involved in the joy of picking their own fresh foods, and creating friendships through working together for a good cause. We welcome clients, volunteers, friends, family, and community members to join us. If you join us, you get to keep up to 50% of what you pick, while the remaining 50% gets donated to the FISH Pantry. So far, we have picked plums, apples, and walnuts, and we have already been asked to pick pears and corn in the future. This has been such a great way to get outdoors, get some exercise, and get the freshest of food. To join us for our next adventure, call Starling Wood at 541-459-0944.

Welcome to new Board member Maria Casas from Umpqua Unitarian Universalists Church.

## The FISH of Roseburg Service Summary

FOOD SERVICE: During July 2016 the FISH Pantry was open 16 times for 32 hours

<u>Totals for July:</u>	<u>2014</u>	<u>2015</u>	<u>2016</u>
Families:	1203	1138	985
Persons:	4432	4442	3841

<u>Family size:</u>				<u>Age groups:</u>			
1	220	5	168	0 – 5	311	24-44	1065
2	142	6	95	6 – 11	410	45-54	417
3	100	7	90	12-17	455	55-69	590
4	104	8+	66	18-23	365	70+	229

Areas of service: Roseburg Area: 620 households (63%) Outside Roseburg: 365 households (37%)

North: 168    West: 92    South: 94    East: 11

Miscellaneous information: Homeless persons: 158    New Pantry applications: 105 (11%)

Pantry Volunteers: 56    Volunteer hours: 598

Retail Purchases: Total \$2,130.77; includes Milk: 300 gal \$714.00, 135 ½ gal milk \$191.70; Meat: 744 lbs. \$727.20; Potatoes 600 lbs. \$150.00; Baby Food & Infant Care items 59 lbs. \$347.87.

Wholesale Purchases: \$2,466.22, 3,482 lbs. (eggs 1,248 #, canned fruit 1,246 #, boxed cereal 263#, Pasta 100 #, pasta sauce 144#, peanut butter 195#, quick rolled oats 255 #).

UCAN/ OFB donation: 34,383 lbs. \$1,215.08                      USDA (Federal Food Program): 8,144 lbs.

Total Pantry Food Expenditures: **\$5,812.07**

Food Donations Direct to FISH: 6,446 lbs. Includes Roseburg Food Project: 311 lbs., Churches: 1,032 lbs., Food Drive at Sherms, Albertsons, Fred Meyer: 3,232 lbs., and Others/ Community: 1,871 lbs.

Total Food Purchases and Donated: **57,019 lbs.**

PEDIATRIC MEDICATION SERVICE: June 2016 Prescriptions - 19 paid for by The FISH.

SHELTER SERVICE: During July 2016 the FISH provided 9 person nights of emergency shelter.

TRANSPORTATION SERVICE: During July 2016 the FISH provided the following assist with transportation:  
Gas vouchers: 16 for \$155.00, Greyhound Bus fare: one for \$48.50, and 3 UTrans tickets.

See our website for current news about the FISH – <http://fishofroseburg.org>

The FISH of Roseburg is an agency of the Greater Douglas United Way

*In accordance with Federal Law, the policies of the US Dept. of Agriculture, the policies of the Oregon Food Bank, the FISH of Roseburg does not discriminate on the basis of race, color, national origin, gender, age, sexual orientation, religion or disabilities.*