

The FISH of Roseburg

Faith Lutheran
First Presbyterian
First United Methodist



St. George Episcopal
St. Joseph Catholic
Umpqua Unitarian Universalists

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October 12, 2016

Dear Friends of The FISH,

THE HEALTHY PANTRY INITIATIVE

Always looking for ways to improve service to our clients, we immediately jumped on board when asked to be a part of the Healthy Pantry Initiative pilot program for Douglas County food pantries. The goal of the Healthy Pantry Initiative is to “ increase the accessibility of healthy foods through the progressive adoption of strategies that support up to 5 objectives in emergency and supplemental food distribution settings” (Oregon Food Bank Healthy Pantry Snapshot). So what does this mean for our clients?

It means that we are working hard in collaboration with other Douglas County Pantries in the program, the OSU Extension Service’s Snap-Ed Volunteers and Faculty, and UCAN (Regional Food Bank), to provide the highest quality and quantity of food that meets the Oregon Food Bank’s guidelines for a 3-5 day emergency food supply. Through monthly meetings, having assessments of our pantry done, posting the USDA “My Plate” materials, having recipes available, monthly food tastings prepared by OSU Extension Service Volunteers, and more, we are striving to improve the health and wellbeing of our clients. Our aim, along with the Healthy Pantry Initiative, is to improve the nutritional quality of food offered by our pantry. We also understand, however, that everyone enjoys a treat every now and then. Because of this, we accept the occasional donation of soda or other goodies from UCAN, but we never purchase these items. We are proud of the healthy choices we make when ordering food for The FISH Pantry. If you are interested in learning more about the Healthy Pantry Initiative, please feel free to stop by the Pantry. We would be happy to show you why the kiosks are set up the way they are with specific food items on specific tables, and why families are allowed a certain number of units of food per kiosk. Until then, thank you for your interest in helping us to eliminate hunger in Douglas County.

THE HOLIDAY CHEESE PROJECT

We are proud to announce that The FISH Food Pantry will once again be providing a two-pound brick of cheese to each client household visiting the pantry during the holiday season. This is the only time during the year that the FISH provides a significant amount of cheese to our clients. Our holiday cheese project is made possible in part from a grant from The Ford Family Foundation. Depending on the price of cheese this year, we may also be able to provide a small ham to larger families in lieu of cheese. Cash donations from groups and individuals for this project are also welcome to help assure the success of our holiday cheese project.

The FISH of Roseburg Service Summary

FOOD SERVICE: During September 2016 the FISH Pantry was open 17 times for 34 hours

Totals for September:	2014	2015	2016
Families:	1107	1059	1005
Persons:	4388	4031	3933

Family size:

1	224	5	155
2	138	6	100
3	115	7	104
4	100	8+	69

Age groups:

0 – 5	324	24-44	1061
6 – 11	418	45-54	457
12-17	413	55-69	581
18-23	454	70+	219

Areas of service: Roseburg Area: 642 households (64%), Outside Roseburg: 363 households (36%)

North: 163 West: 85 South: 92 East: 23

Miscellaneous information: Homeless persons: 148 New Pantry applications: 97 (10%)

Pantry Volunteers: 58 Volunteer hours: 550

Retail Purchases: Total \$2,249.56 includes Milk: 464 gal = \$1,197.12, 164 ½ gal milk = \$247.16;

Meat: 648 lbs. = \$639.12; Baby Food: 15 lbs. = \$166.16

Wholesale Purchases: \$3,453.17, 6,047 lbs. (eggs 960 lbs., boxed cereal 389 lbs., chili 65 lbs., pasta 50 lbs., pasta sauce 240 lbs., peanut butter 286 lbs., canned fruit 1,466 lbs., canned vegetables 912 lbs., juice 38 lbs., rolled oats 306 lbs., dried beans 300 lbs., and canned beans 335 lbs.).

UCAN/ OFB donation: 39,660 lbs. \$1,584.07

USDA (Federal Food Program): 6,965 lbs.

Total Pantry Food Expenditures: **\$7,286.80**

Food Donations Direct to FISH: 2,959 lbs. Includes Roseburg Food Project: 55 lbs., Churches: 1,037 lbs., and Other/Community: 1,867 lbs.

Total Food Purchases and Donated: **56,279 lbs.**

PEDIATRIC MEDICATION SERVICE: August 2016 Prescriptions - 7 paid for by The FISH.

SHELTER SERVICE: During September 2016 the FISH provided 27 person nights of emergency shelter.

TRANSPORTATION SERVICE: During September 2016 the FISH provided the following assist with transportation: Gas vouchers: 22 for \$185.00.

See our website for current news about the FISH – <http://fishofroseburg.org>

The FISH of Roseburg is an agency of the Greater Douglas United Way

In accordance with Federal Law, the policies of the US Dept. of Agriculture, the policies of the Oregon Food Bank, the FISH of Roseburg does not discriminate on the basis of race, color, national origin, gender, age, sexual orientation, religion or disabilities.