Hello again, friends! February was the last time I sent out a newsletter, and while many of you are aware of my personal life’s happenings, I thought I would explain a little more in detail for everyone. I have not been at the FISH Pantry for several months now due to the fact that I was diagnosed with, and have been being treated for, Inflammatory Breast Cancer. The chemotherapy and immunotherapy treatment I underwent for this rare and aggressive form of breast cancer has taken its toll on me. However, I am so very blessed to have an army of supportive friends like yourselves, who have been praying for me. And I am certain these prayers have been answered, as it looks as though I responded well to the first round of treatment! My surgeon stated that it appears as though I have had a complete recovery! And yet this is just the beginning. On August 26th, I will have a mastectomy, followed by radiation and another year of immunotherapy. My oncologist, Dr. Williams, however, pointed out that I made it through the worst part...the chemotherapy. And boy do I believe him! While the chemotherapy appears to have killed the cancer (YIPPEE), my body didn’t do well at all, and is still recovering.

I couldn’t have taken such an extended leave of absence, however, without the support of the Board of Directors, the Volunteers, my assistant, Bella, and Key Volunteer, Anne. The Pantry has continued running along without a hitch, thanks to their love and dedication.

Another blessing that happened...I got married in April! So, my married name, as you will see below, is now, Turner. I couldn’t be happier. Once again, thank you to all of you who have done so much during this year.

Warm Regards, Kim Turner, Executive Director
Please help me to welcome our newest warehouse employee, Cody Mulkey! Cody has been working for FISH for a few months now, and we are so pleased to have him on our team! Welcome to our FISH Family!

**DID YOU KNOW?**

**FIGHT HUNGER, FEED HOPE HUNGER IN OUR COMMUNITY:**

Food insecurity is defined as a lack of reliable access to enough affordable, nutritious food.

- More than **1 in 9** households are food insecure in Oregon.
- In Douglas County (DoCo), **15,280** people are food insecure or **14%** of the population.
- **23%** of food insecure people in DoCo make too much $$ to qualify for government assistance.
- Over **14,600** people access the DoCo Emergency Food Network every month.

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**Roseburg Food Project**

**April:**
- 71 Neighborhood Coordinators
- 657 Food Donors & 22 Cash Donors
- Collected 11,737 Pounds of Food

**June:**
- 68 Neighborhood Coordinators
- 708 Food Donors
- Collected 10,857 Pounds of Food

**August:**
- 62 Neighborhood Coordinators
- 620 Food Donors
- Collected 10,450 Pounds of Food

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**Watermelon Cooler**

**Ingredients:**
- 3 cups cubed watermelon, seeds removed
- ½ cup orange juice

**Directions:**
1. Wash hands with soap and water.
2. Place watermelon and juice in blender. Blend until smooth and serve right away.
3. Refrigerate leftovers within 2 hours.

**Makes 3 cups** Prep time: 5 minutes
THE FISH OF ROSEBURG SERVICE SUMMARY
The FISH Pantry was open 17 times for 34 hours during the month of July

Totals for July 2021
# of Families: 377
# of Persons: 1005

<table>
<thead>
<tr>
<th>Family Size</th>
<th>Age Group</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>0-4</td>
</tr>
<tr>
<td>2</td>
<td>5-17</td>
</tr>
<tr>
<td>3</td>
<td>18-24</td>
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<tr>
<td>4</td>
<td>25-44</td>
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<tr>
<td>5</td>
<td>45-64</td>
</tr>
<tr>
<td>6</td>
<td>65+</td>
</tr>
</tbody>
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Areas of Service: Roseburg Households = 256 (68%)
Surrounding Areas = 118 (32%)
North = 54
South = 33
East = 4
West = 30

Misc. Information: Pantry Volunteers: 42
Volunteer Hours: 519

Retail Purchases: Total $2696.66 @ 3,334lbs (80 Gallons of Milk = 688lbs,
Hotdogs = 288lbs, Flour = 750lbs, Tuna Salad = 687lbs, Cranberry Juice = 581lbs,
Crackers = 144lbs, and Granola Bars = 196lbs)

Wholesale Purchases: Total $344.30 @ 580lbs (Mixed Fruit = 70lbs and
Oatmeal = 510lbs)

UCAN/OFB Donations: $351.71 @ 13,400lbs
USDA (Federal Food Program): 11,338lbs

Grand Total FISH Pantry Food Expenditures: $3392.67

Food Donations Direct to FISH: Total 2,608lbs Includes Churches: 295lbs,
Other/Community: 2,229lbs, and The Roseburg Food Project: 84lbs

Total Food Purchased and Donated: 31,260lbs

Shelter Service: During July 2021 The FISH provided 2 persons, 3 nights of
emergency shelter.

Transportation Service: During July 2021 The FISH provided the
following assistance with transportation: Gas Vouchers: 2 @ $50.00

Check us out at www.fishofroseburg.org or Follow us on Facebook

The FISH of Roseburg
is an agency of the
Greater Douglas United Way

Please consider giving!
When you give, we all gain.

This organization is an equal opportunity provider.