A Time for Giving Thanks

Helen Keller once said, “The most beautiful things in the world can not be seen or even touched—They must be felt with the heart.” I continue to be amazed with The FISH of Roseburg. The resiliency and willingness from board members and volunteers are a constant reminder of how blessed the community is to have such a giving organization. The pantry has been through so many changes this past year, from the on-going COVID demands, which changed the whole dynamics of how the pantry operates, to the departure of Kim Turner the Executive Director for the FISH pantry moving on to new adventures in her life. Things are forever changing. Change in our everyday life can be sad or even painfully uncomfortable but it is change that lets us know we are still alive. To stay on the same mundane path would dull our senses to life’s ever changing beauty.

Bella Cole,
Administrative Assistant

Just a FYI, Please use P.O. Box 1162 Roseburg OR 97470 to mail anything to the FISH pantry

KIM WILL BE MISSED!

Kim came to the FISH as Executive Director in 2015 with the mind-set to make operations run smoother. She was always thinking how can we make the operations of the food pantry better for everyone. Her interaction with the volunteer’s was a delight to observe. Both Kim’s and volunteer’s faces would light up when they spoke to each other. And the laughter! We sure miss the laughter. She could have the whole pantry in stitches. At the same time Kim could be firm when needed.

Now Kim is moving on to new adventures in her life and although we will miss her here at the pantry, we cant wait to hear about the changes, challenges and joys to come with her new life.

Roseburg Food Project
2021 Food donations

June: 708 Food Donors collected 10,851 pounds of food
August: 638 Food Donors collected 10,771 pounds of food
October: 636 Food Donors collected 12,092 pounds of food

The next RFP pick-up is Saturday December 11th
COASTAL FARMS
Coastal will match up to $1,000 in the month of November. All proceeds will go to the FISH of Roseburg. Three ways to donate:

1. Log on to coastalcountry.com
2. Log on to fishofroseburg.org
3. In person at Coastal Farms & Home Supply (782 N.E. Garden Valley Blvd Roseburg)

MAURICES CLOTHING STORE FOOD DRIVE
All non-perishable non-expired food donations in November go to the FISH of Roseburg

Most needed items
Juice, Canned Fruit & Veggies, Stuffing mix, Ramen noodles, applesauce, & canned meats.

For every 3 items you donate Maurices will give a 20% coupon off any regular marked clothing

DID YOU KNOW?
Since the pandemic 18.1% of Douglas County residents are experiencing food insecurity. This number is up quite a bit compared to 12.8% prior to the pandemic. Approximately 25,514 are participants of SNAP (Food Stamp Assistance), which totals $37,307,358.00 annually in Douglas County alone. WOW!!! This does not include 20.7% of Douglas County residents who are food insecure but do not qualify for SNAP benefits. In these households 27% are children. Hopefully with 16 food pantries in Douglas County we help those in need.

WANTED!!!
The FISH of Roseburg is taking applications for the position of Executive Director.

- This is a 3/4 time hourly position.
- Work hours flexible,
- Executive Director needs to be present when the pantry is open M & W 1:30-3:30 and Th & F 9:30-11:30.
- Pay range is $20-25 per hour dependent on experience.

Copies of the application package may be obtained at the FISH Food Pantry (405 Jerry’s Drive in Roseburg, Oregon). To receive copies by email or ask questions email thefishrbg@gmail.com. The application process will be closed on 12/13/2021.

Cranberry Applesauce

Ingredients:
7 or 8 apples, peeled, cored and chopped
1 1/2 cups fresh or frozen cranberries
1 cup water
1/2 teaspoon cinnamon
1/2 teaspoon salt
1/3 cup brown sugar

Directions:
1. Combine all ingredients in a large saucepan. Bring to a boil. Cover and reduce heat Simmer 20 to 30 minutes.
2. Remove from heat and cool slightly.
Use a potato masher or fork to mash mixture to desired consistency.
3. Serve warm or cold

Makes 6 cups* Prep time 10-15 minutes* Cook time 30 minutes.
THE FISH OF ROSEBURG SERVICE SUMMARY
The FISH Pantry was open 16 times for 32 hours during the month of October

<table>
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<th>Family Size</th>
<th>Age Group</th>
<th># of Families</th>
<th># of Persons</th>
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<tr>
<td>1</td>
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<td>143</td>
<td>62</td>
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<tr>
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<td>5-17</td>
<td>68</td>
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<td>18-24</td>
<td>43</td>
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<tr>
<td>4</td>
<td>33</td>
<td>33</td>
<td>3+</td>
</tr>
</tbody>
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**Areas of Service:**
- Roseburg Households = 190 (52%)
- Surrounding Areas = 170 (48%)
- North = 82
- South = 42
- East = 4
- West = 42

**Misc. Information:**
- Pantry Volunteers: 62
- Volunteer Hours: 398

**Retail Purchases:**
Total $1,240.20 @ 3,498lbs (390 Gallons of Milk & 6 Cases of Hotdogs).

**Wholesale Purchases:**
Total $317.82 @ 1,387lbs

**UCAN/OFB Donations:** $318.02 @ 13,514lbs

**USDA (Federal Food Program):** 11,199lbs

**Grand Total FISH Pantry Food Expenditures:** $1,876.04

**Food Donations Direct to FISH:**
- Total 12,687lbs Includes Churches: 174lbs,
- Other/Community: 876bs, and The Roseburg Food Project: 11,638bs

**Total Food Purchased and Donated:** 53,924bs

**Shelter Service:**
During October 2021 The FISH provided 8 persons, 4 nights of emergency shelter.

**Transportation Service:**
During October 2021 The FISH provided the following assistance with transportation: Gas Vouchers: 2 @ $40.00

Check us out at [www.fishofroseburg.org](http://www.fishofroseburg.org) or Follow us on Facebook

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The FISH of Roseburg
is an agency of the
Greater Douglas United Way
Please consider giving!
When you give, we all gain.

This organization is an equal opportunity provider.

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Volunteers are Superheroes
Want to help hungry families in our area?
Join the Roseburg Food Project
[www.roseburgfoodproject.org](http://www.roseburgfoodproject.org)
[roseburgfoodproject@gmail.com](mailto:roseburgfoodproject@gmail.com)

We participate in Bottle Drop Give
Contact us to find out how you can participate!